

BANANAMOVE

Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

9h30

BANANA
Caf

BANANA
Hatha Yoga

BANANA
Sculpt

BANANA
Pilates

LES MILLS
BODYPUMP

9h30

BANANA
Step intermédiaire +

LES MILLS
BODYPUMP

10h30

BANANA
Stretch

BANANA
Stretch

LES MILLS
BODYBALANCE

BANANA
Ball

10h30

BANANA
Sculpt

LES MILLS
DANCE

11h30

BANANA
Ball

BANANA
Essential

11h30

BANANA
Pilates

LES MILLS
BODYBALANCE

12h30

LES MILLS
BODYPUMP

BANANA
Pilates

BANANA
Caf

BANANA
Sculpt

14h30

BANANA
360°

BANANA
Ball

BANANA
Gym Do

17h30

LES MILLS
BODYBALANCE

BANANA
Caf

BANANA
Hatha Yoga

BANANA
Pilates

LES MILLS
BODYPUMP

18h30

LES MILLS
BODYATTACK

LES MILLS
BODYCOMBAT

LES MILLS
BODYPUMP

ZUMBA

LES MILLS
BODYBALANCE

19h30

LES MILLS
BODYPUMP

LES MILLS
DANCE

BANANA
Step intermédiaire

Ban
and
fit